

## CV

### Ellena Fries

- Experienced and fully certified Psychotherapist.
- Completed 5 years training with the G. Boyesen Institute London and the European School of Biodynamic Psychology 1996.
- European Certificate of Psychotherapy (ECP), Member of LSBP (London School of Biodynamic Psychotherapy), Member Complementary Health Initiative Cornwall.
- 11 years work in her own clinic in Cologne (Germany) with individuals and groups
- Moved to Cornwall in 2003.
- She is also a Yoga teacher and Reiki Master.